

KindleHeart Massage with Jennifer Faylor



Jenn brings integrity and honor to her work in holistic wellness. She plays an essential role in the pyramid of health, connecting body, mind, and spirit, with an effort towards excellence. Jenn is a professional member of the American Massage Association (AMTA) and certified by the National Certification Board of Therapeutic Massage and Bodywork (NCBTMB). She contributes to the efforts of all at Visionary and Massage Associates by supporting a professional and peaceful environment with exceptionally skilled service offerings. Jenn invites you to take this moment to kindle the healing within and release the tension of stress.



KindleHeart
Massage
with Jennifer Faylor

Therapeutic Massage

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|-----------------------|------|
| 30 minutes | \$45 |
| 60 minutes | \$65 |
| 15 additional minutes | \$15 |
| 30 additional minutes | \$25 |

Melt deep rooted muscle tension with woven tapestry of massage and bodywork techniques for a personalized session that responds to your precise needs. Improve vitality, strength, and mental alertness while rediscovering a sense of comfort in your own skin. Depth of pressure varies according to your preference and the condition of your muscle tension.

Deep Tissue Massage

\$10 added to Therapeutic Massage price.

When a variety of pressures just isn't enough

Gentle Flow

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|------------|------|
| 60 minutes | \$55 |
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Feather light and fluid, like the seamless ripples of a gently flowing stream. Light pressure and gentle stretching techniques to create a feeling of total body relaxation.

Aviana Touch Therapy

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|------------------------------|-------|
| 60 minutes | \$60 |
| with Hot Stones - 75 minutes | \$90 |
| with Massage - 90 minutes | \$100 |

Dramatically different than a traditional massage ... drawing on ancient wisdom, this energy-based protocol focuses on face/ scalp, feet and touch points across the entire body. Created and taught throughout the country by Nancy Schimitt, former owner of Aviana, this body of work is intended to strengthen you, release tension, improve mind-body-spirit connection, and encourage positive changes in immune function. Leave feeling as if you a power nap ... full of renewed energy and vitality. (Undress optional)

Champissage™ (Indian Head Massage)

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|-----------------------------|------|
| 30 minutes | \$45 |
| with warmed oil application | \$55 |

Rich in tradition, this invigorating scalp massage has been practiced for over a thousand years in India and continues to be taught only by those authentically trained. Enjoy this uniquely gentle/firm and rhythmic service while seated in a comfortable chair, fully clothed. (Incense burning optional)

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Arrival ... If you are a new client please arrive 10-15 minutes early to ensure the full time of your service. If you are late, we may reduce the time of service in order to begin our next client on time.

Cancellation Policy ... If a schedule change is necessary, please notify us at least 24 hours in advance of the appointment time.

Payment ... Preferred method of payment is cash and check, if needed a credit card payment or other methods will be accepted.

Soft Voices ... Please use your inside voice and refrain from using your cell phone by turning it off while in the building.

Customization ... We encourage communication with your therapist about your treatments so that your needs may be accommodated. Our intention is that you receive maximum benefit from your experience.

Sole Mates

30 minutes

\$52 per person

Take pleasure in a warm and "scent-ual" foot bath followed by a delightful foot massage. Escape alone or in the company of like-minded friends.

Hand/Foot/Scalp Ritual

60 minutes

\$60

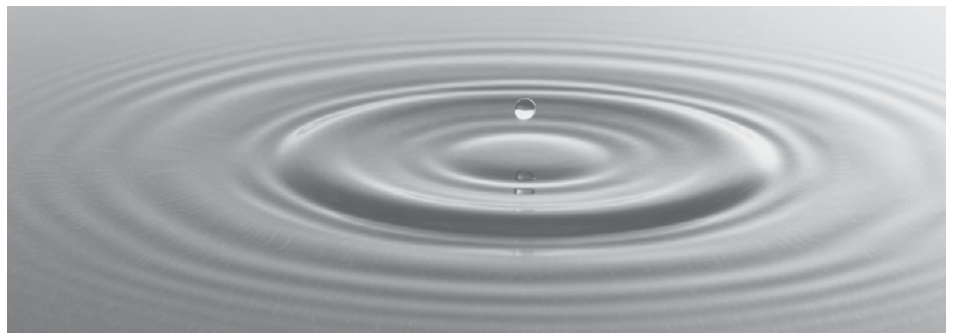
Treat your feet ... hands and scalp with a decadent service designed to aid those areas you use most but get the least attention. Enjoy a scalp massage followed by a reflexive massage with heated oil to release stress and promote relaxation.

Partners Massage Training

120 minutes

\$130

Break away from the never ending to-do list to support important relationships and take pleasure in quality time 'alone' together. Jennifer will guide you through a massage for your partner focusing on the areas that he or she has identified. Then, it's your turn! Cultivate skill, nurture and love.



Located at:



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HOURS BY
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