

**Nancy E. Schmitt  
2731 N 2nd Street  
Harrisburg, PA 17110  
(717) 576-0599**

**Objective: To support and advance the massage therapy profession. To teach and provide body work that improves quality of life for all individuals in every stage of wellness, dis-ease, and disease, including cancer.**

**Work Experience:**

**Visionary**

**2009 – present**

- **Private practice offering Aviana Touch Therapy and Energy Medicine**
- **Created and exclusively teach Aviana Continuing Education Courses throughout the country**
- **Guest Speaker on wellness topics throughout the country**

**Aviana Inc**

**2003-2009**

- **Provide therapeutic services.**
- **Created continuing education courses that are taught throughout the country for massage therapists and health care professionals.**
- **Coordinate day to day operations of all aspects of business including managing hiring, handling and development of personnel.**
- **Direct merchandising and display.**
- **Coordinate retail buying and selling.**
- **Navigate an educational/experiential (training/wellness) center within the community.**

**Emerald Springs Body Spa  
Creator and Owner**

**1996-2003**

**2000-2003**

- **Provided therapeutic services.**
- **Managed hiring, handling and development of personnel.**
- **Generated advertising, marketing, and promotions.**
- **Coordinated retail buying and selling.**
- **Directed merchandising and display.**
- **Initiated creation and development of Aviana Body Products and Body Work.**

**1997-1999**

- **Operated private practice.**

**Charming Shoppes, Inc. (Fashion Bug) 1979-1989**

**1987-1989**

**Regional Supervisor – Store Operations**

- **Responsible for 65 Ladies Ready to Wear Retail Stores in 7 Mid-Western states.**
- **Responsible for a staff of 800 individuals.**
- **Responsible for 50 million dollars in annual volume.**
- **Tested Companies first Plus Size Department.**
- **Tested Companies first Pazazz Boutiques.**
- **Consistently ranked upper 1/5 of company for turnover, shrink, budget control and charge account productivity.**
- **Offered Vice President Position in newly developed corporate office division.**
- **Consistently received outstanding annual evaluations.**

**1983-1986 – Area Supervisor – Store Operations**

**1979-1982 – Store Management**

**Professional Affiliations:**

**American Massage Therapy Association  
Selected to Massage Therapy Body of Knowledge  
(MTBOK)  
Noetic Sciences  
ISSSEEM**

**Education:**

**Indiana University of Pennsylvania 1974-1977  
Bachelors Degree in Marketing, Management, and  
Distribution**

**Pennsylvania School of Muscle Therapy 1995-1996  
Massage Therapy**

**Continuing Education 1996-2004**

- **Studied treatment for persons living with cancer and critical illness.**
- **Trained with international healers, body-workers, scientists, and leaders in Mind-Body Medicine, Energy Medicine, and Native American Medicine.**
- **Worked with facilitators in the Development of Intuitive Ability and Mindfulness.**
- **See attached list for specific workshops**

### **Professional Training, Continuing Education and Certifications:**

THE EAGLE AND THE SEPERANT: HEALING WISDOM OF THE AMERICAS  
2-day workshop, Kenneth Cohen and Grace Alvarez Sesma, September 19-21, 2008

A NEW EARTH: AWAKENING TO YOUR LIFE'S PURPOSE  
A 2-day Intensive, Eckhart Tolle, October 19-20, 2007

CONSCIOUSNESS IN ACTION – THE SCIENCE AND PRACTICE OF TRANSFORMATION  
Ions Conference, Robert Thurman, Dean Radin, Tom Lewis, Lynne McTaggart,  
Charles Tart and Edgar Mitchell, August 8-12, 2007

KE KUMU - ANCIENT HAWAIIAN HEALING TRADITIONS CONFERENCE  
A 3-Day Intensive, Lori Alviso-Alvord MD, Hawaiian Kemu and others, May 25-31,  
2005

THE 2004 INTERNATIONAL CONFERENCE ON SCIENCE AND CONSCIOUSNESS  
A 5-Day Intensive, Albuquerque NM, April 23, 24, 25, 26, 27 & 28, 2004

KE KUMU - ANCIENT HAWAIIAN HEALING TRADITIONS CONFERENCE  
A 3-Day Intensive, Deepak Chopra, Hawaiian Kemu and others, November 14, 15,  
16, 2003

INTUITION DEVELOPMENT  
James Van Praagh, August, 2002

REIKI: USUI SHIKI RYOHO MASTER/TEACHER DEGREE  
Bob Wolfe, May 2002

HEART OF HAPPINESS CONFERENCE  
A Mind-Body 2-Day Intensive, Omega Institute, April 2002

MINDFULNESS-BASED STRESS REDUCTION  
A 5-Day Professional Training Course, Jon Kabat-Zinn, PhD, Saki Santorelli, EdD,  
February 2002

ACTIVATE THE POWER OF YOUR NATURAL HEALING FORCE, MEDITATION IN  
MEDICINE  
Dharma Singh Khalsa, June 2001

IMMUNE POWER & FIBROMYALGIA  
INR, June 2001

ADVENTURE OF BEING ALIVE CONFERENCE  
A Mind-Body 4-Day Intensive, Omega Institute, April 2001

TIBETAN YOGAS OF DREAM, SLEEP, DEATH AND DYING  
Tenzin Wangyal Riepoche, June 1999

FIRST INTERNATIONAL CONGRESS ON TIBETAN MEDICINE  
The Dalai Lama, November 1998

MIND-BODY MEDICINE

A 5-Day Intensive, Joan Borysenko, December 1998

COMPREHENSIVE CANCER CARE, BLENDING TRADITIONAL MEDICINE WITH  
ALTERNATIVE TREATMENT

A 3-Day Intensive, University of Texas, June 1998

PSYCHOLOGY OF CONSCIOUSNESS, ENERGY MEDICINE & DYNAMIC CHANGE

A 5-Day Intensive, Ruth Buczynski, PhD, and team, March 1998

DEVELOPING YOUR SIXTH SENSE

Belleruth Naperstak, March 1998

MANIFESTING YOUR DESTINY

Dr. Wayne W. Dyer, Fall, 1997

SPIRITUALITY & HEALING IN MEDICINE II

A 3-Day Intensive, Herbert Benson, Larry Dossey, Harvard Medical School Team,  
December 1996

**Advanced Certification:**

LIFE SCIENCE OF AYURVEDA

Himalayan Institute, February 2003

FULL BODY PARAFFIN

Dermal Institute, October 2001

KERSTIN FLORIAN SPA THERAPY TRAINING

Coleen Dunn, August 2001

SEITAI SHIATSU

Majid Mokhbery, June 2001

LASTONE THERAPY

Patricia Warne, October 1999

LOMI LOMI MASSAGE

Barbara Frye, October 1998

COYOTE MEDICINE

Lessons from Traditional Native American  
Healers for Modern Healthcare  
Lewis Mehl Madrona, May 1998

HAND CARE FOR THE M.T.

Carla Ennes, February 1998

TOUCH PRO CHAIR MASSAGE

Russell Borner, October 1997

REIKI I & REIKI II

Libby Barnett & Maggie Chambers, August 1997

PALLIATIVE CARE INITIATIVE

Alana Allen, April 1997

BODYWORK FOR PERSONS WITH LIFE

THREATENING ILLNESS

Cheryl Chapman, February 1997

REFLEXOLOGY 2

Cynthia Gaydos, November 1996

BEGINNERS YOGA TRAINING

Himalayan Institute, August 1996

AYURVEDA MASSAGE

Margo Gal, April 1996

REFLEXOLOGY 1

Cynthia Gaydos, January 1996